



resources and tools coaching professional development mentoring research networking

Contract #11-6-5-0029

ARCQE Presents

**Register
Early**

Moving and Growing: Bringing Back Physical Activity Play

Children have the right to play. The *United Nations Convention on the Rights of the Child*, Article 31 (1) says:
"States Parties recognize the right of the child to rest and leisure, to engage in play and recreational activities..."

This workshop is designed for Child Care Professionals working directly with children.

Objectives:

- What is Play and the Benefits of Physical Activity
- Moving and Growing: Motor Skills and their Benefits
- Assessing the Physical Activity Component of Your Program
- A Look at Physical Activity Play Design Principles Practical Activity Ideas and Resources
- The Practitioners Role: The Impact of Role Models
- Physically Active Play: Indoors and Outdoors

Fee: \$40.00 PTL Program Member \$60.00 Non-Member • Handouts relating to the workshop. • Course certificate for successful completion of the workshop.

Payment Policy: If you wish to pay by CREDIT CARD, FAX in this registration form with your credit card information to: (780) 421-1730. If you wish to pay by CHEQUE, MAIL in this registration form with your cheque to: ARCQE Suite 110 10025 - 106 Street, Edmonton AB T5J 1G4.

- Yes I am a PTL Program Member. Member Number: _____
- Yes I wish to pay by Visa/MC Credit Card Number: _____ Exp. Date: _____
- Yes I have enclosed a cheque for \$ _____

All payments are non-refundable.

Date: Saturday January 15, 2011

Time: 1:00pm-4:00pm

Location: ARCQE #110-10025 106 Street Edmonton

PLEASE PRINT CLEARLY

Name: _____

Agency: _____

Address: _____

Phone Number: _____ Fax Number: _____ Email Address: _____