



resources and tools   coaching   professional development   mentoring   research   networking

**Contract # 11-6-5-41**

# ARCQE Presents

**Register**

**Early**

## Caring for the Caregiver Series

### Part 1 - The Confident Communicator- Say What You Mean...Mean What You Say

Saying what you mean and meaning what you say really can make a difference in how you communicate with others. Presentation and interpretation of messages can lead to misunderstandings and confusion which can ultimately impact your relationships with others, both in work and in life. This half day workshop will increase your confidence as a communicator by helping you understand your own communication style as well as some of the many typical communication pitfalls that may be affecting your personal and professional relationships. Practice new ways of communicating and leave this workshop feeling more confident in your interactions with others, in work and in life. Be a Confident Communicator.

### Part 2 - The Passionate Professional- Don't Say "I'm Stressed!!" Say "I'm Important!!"

Do you feel the same level of energy, excitement, and enthusiasm for your profession that you did early in your career? Are you continuing to feel underappreciated for your continued dedication to quality childcare? Being a passionate professional in your field means caring for yourself and engaging in your own personal and professional development.

This half day workshop will revisit the values and the passions that lead you to become a professional in this field while propelling you forward with a new zest and vigour for the very important work you do. It's all about re-charging and re-energizing your career journey.

\*Please note this is not an ARCQE created workshop but is a partnership with Powerful Play Experiences and Career Designs for Life Inc.

Fee: \$120.00 PTL Program Member   \$180.00 Non-Member   • Handouts relating to the workshop. • Course certificate for successful completion of the workshop.

Payment Policy: If you wish to pay by CREDIT CARD, FAX in this registration form with your credit card information to: (780) 421-1730. If you wish to pay by CHEQUE, MAIL in this registration form with your cheque to: ARCQE Suite 110 10025 - 106 Street, Edmonton AB T5J 1G4.

Yes I am a PTL Program Member. Card Number: \_\_\_\_\_

Yes I wish to pay by Visa/MC Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Yes I have enclosed a cheque for \$ \_\_\_\_\_

All payments are non-refundable.

Date: October 22, 2010

Time: 9:00am-4:00pm

Location: ARCQE #110 10025 106 Street Edmonton

PLEASE PRINT CLEARLY

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

